



1 September 2019

A ground breaking advertising campaign for Tasmanian Smokers that will get them thinking...

Tasmanian smokers let us know what they thought.

As a first for the state, Quit Tasmania, has created a wholly Tasmanian campaign based on formative research with Tasmanian smokers across the state. By listening, Quit found out what they thought about their smoking and what would make them consider quitting.

The research found that Tasmanians who smoke:

- Had generally 'heard it all before' – they already know why they should quit
- Don't like being spoken down to negatively
- Wanted empathy and understanding
- Don't want to be told to quit - they want ownership over their decision
- Need skills and resources to quit smoking successfully."

Using this knowledge, Quit Tasmania engaged local agency The20 to develop a creative concept that would get smokers listening. The concept was also tested on Tasmanian smokers to confirm its effectiveness.

This different approach puts a completely new spin on messaging to people who smoke and enters a new space in anti-smoking campaigns. It is a first for Australia.

It recognises that smokers need to be encouraged to think about their reasons for smoking such as nicotine addiction, habit and emotion/stress, and by better understanding why they smoke, they'll be better prepared to quit smoking. An integral part of the new campaign is a quiz for smokers to find out what type of smoker they are. [www.quittas.org.au/quiz](http://www.quittas.org.au/quiz)

Television commercials (30 and 15 second versions) were shot on location around Bellerive and Kingston using local Tasmanian actors.

They will be broadcast around Tasmania from Sunday, 1<sup>st</sup> September reaching over 65% of the population.

Campaign support state-wide will include a new website with smoker's quiz, radio, social media, billboards and bus advertising.

Campaign information and material available at [www.quittas.org.au/media](http://www.quittas.org.au/media)

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take the time  
**TO think**  
about why you smoke

[quittas.org.au](http://quittas.org.au)